

## Dealing with an Injury at Work

If you have been injured at work

- Make sure you have recorded the incident within your employer's accident book. There may be witnesses and you may wish to obtain photographs of the accident scene.
- Make an appointment to see your GP or visit the hospital, providing a full history of how you sustained your injury.
- If you are a member of a trade union, give your union a call and you will be offered support, and advice, and be referred to a union solicitor, free of charge.
- Ask your employer for support with your recovery. Many businesses are able to offer care and medical treatment via their individual occupational schemes.
- Contact our personal injury department. We offer you a free interview and where you will be assured of independent, regulated legal advice.
- Inform the Health and Safety Executive of the incident. All employers must comply with strict statutory rules relating to health and safety in the workplace.
- Your employer will be insured and when your claim is notified, the insurance company will deal with it.

WE ALL HAVE A DUTY TO ACT SENSIBLY WHEN AT WORK AND DEALING WITH OTHERS AND EVERYONE HAS A RIGHT TO GO TO WORK AND COME HOME AGAIN UNHARMED.

Your employer has a duty to protect you. As an employee your safety, health and general welfare at work are protected by law. Workplace health and safety regulations place statutory duties on your employer